

# Introduction to Injury Care

## Physical Therapy in Rockville (North Bethesda) and DC Metro Area for Injury Care

Welcome to the ISSA PHYSICAL THERAPY resource for injury care.



At ISSA PHYSICAL THERAPY we look forward to helping you achieve optimal health and recover from injuries.

Click on the main menu links to explore information related to common work activities. For information on specific injuries, please click on our injuries and conditions category.

Our resources on this website are for informational purposes only. Do not diagnose, self treat, or attempt any exercises from the content on this site without contacting ISSA PHYSICAL THERAPY, your physician or a qualified specialist first.

At ISSA PHYSICAL THERAPY we offer Physical Therapy and look forward to working with you to enjoy maximum mobility and avoid injuries.

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